

The Tracpac high-abrasion shock-absorbing lanyard is composed of a shock absorber to which a 1 $\frac{3}{16}$ in. (30 mm) high-abrasion web lanyard is attached. The shock absorber is covered with a tubular polyester sleeve.

When a fall occurs, the sudden stop caused by the fall arrest system submits the human body to a high impact force (the longer the free fall distance, the greater the force).

The purpose of the shock absorber is to lower the impact force experienced in a fall by dissipating the kinetic energy and controlling deceleration. The shock-absorbing device is made of a specially woven webbing that elongates through tearing on its weave and stitching. This action limits the impact force to less than 900 lbs. (4 kN).

The dual arm model allows the worker to remain safely connected at all time (100% tie-off) while climbing or on the move.

For further information, refer to the "Use and Maintenance Instructions" for harnesses and lanyards.

⚠ WARNING

Designed for a 6 ft (1.8 m) maximum free fall.

FEATURES

- High-abrasion resistance
- Improved handling
- Contrary to rope, the web is not subject to unraveling
- High strength to weight ratio

APPLICATIONS

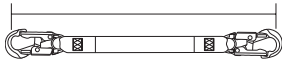
- Construction
- Maintenance

APPLICABLE STANDARDS

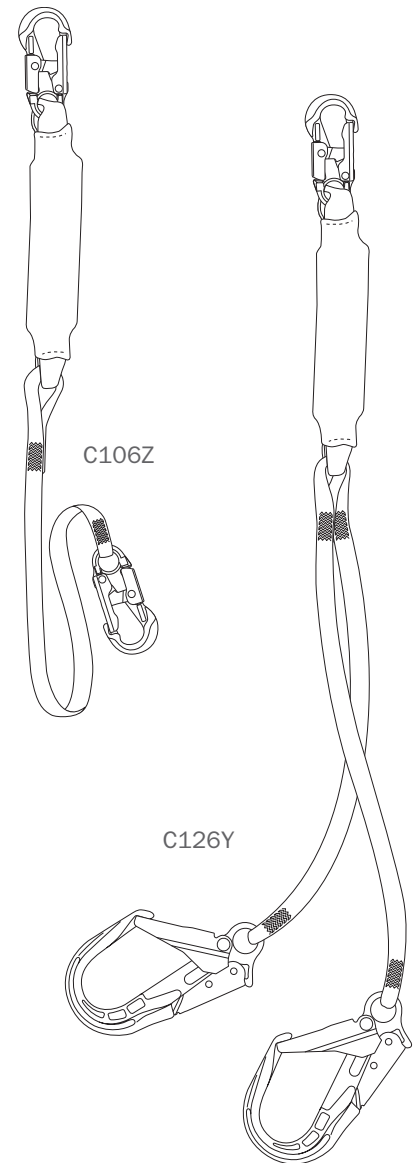
- ANSI Z359.13-2009
- ANSI A10.32-2012
- OSHA 1926
- OSHA 1910

SIZES

- 3, 4, 5 and 6 ft. (0.9, 1.2, 1.5 and 1.8 m) only



Size of lanyards are based on measurement from inside of each extremity hook.



AVAILABLE MODELS

All shock-absorbing lanyards have a 3/4 in. (20 mm) self-locking snap hook on shock pack extremity.

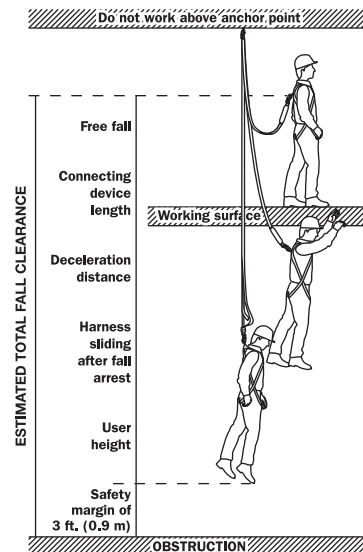
- **C106Z** 6 ft. (1.8 m) with a 3/4 in. (20 mm) self-locking snap hook on the other end
- **C106H** 6 ft. (1.8 m) with a 2 1/4 in. (57 mm) self-locking snap hook on the other end
- **C106Y** 6 ft. (1.8 m) with a 2 1/2 in. (64 mm) aluminum self-locking snap hook on the other end
- **C126Z** 6 ft. (1.8 m), two arms with 3/4 in. (20 mm) self-locking snap hook on each arms
- **C126H** 6 ft. (1.8 m), two arms with 2 1/4 in. (57 mm) self-locking snap hook on each arm
- **C126Y** 6 ft. (1.8 m), two arms with 2 1/2 in. (64 mm) aluminum self-locking snap hook on each arm

For information on Tractel® connectors, refer to technical sheet T-4536.

⚠ WARNING

When choosing an anchorage point, take into consideration the deceleration distance. The shock absorber can elongate up to 42 in. (1.1 m) as it extends during activation.

Free fall distance must never be greater than 6 ft. (1.8 m). Consult local regulations as permitted free fall distance may be less than 6 ft. (1.8 m).



PARTS	SPECIFICATIONS
TEAR WEBBING	Minimum tearing force: 500 lbs. (2.2 kN) Maximum impact force: 900 lbs. (4 kN) Maximum deployment length: 42 in. (1.1 m)
SHOCK ABSORBER WEBBING	High tenacity polyester Width: 1 $\frac{3}{4}$ in. (45 mm) Thickness: $\frac{1}{16}$ in. (1.4 mm) Tensile strength: 5,700 lbs. (25.4 kN) Webbing is heat-cut to prevent fraying.
SHOCK ABSORBER PROTECTIVE COVER	High tenacity polyester Width: 3 $\frac{3}{8}$ in. (85 mm) Tubular construction
LANYARD ARM WEBBING	High abrasion polyester Width: 1 $\frac{3}{16}$ in. (30 mm) Thickness: $\frac{1}{8}$ in. (4 mm) Tensile strength: 9,000 lbs. (40 kN) Webbing is heat-cut to prevent fraying.
STITCHING	Lanyard is lock-stitched. Thread: #138 polyester
$\frac{3}{4}$ IN. (20 MM) SELF-LOCKING SNAP HOOK (43601 – Z HOOK)	Plating: zinc dichromate Proof-loaded 100% at 3,600 lbs. (16 kN) Tensile strength: 5,000 lbs. (22.2 kN) Gate strength: side and face 3,600 lbs. (16 kN)
$2\frac{1}{4}$ IN. (57 MM) SELF-LOCKING SNAP HOOK (43615 – H HOOK)	Plating: zinc dichromate Proof-loaded 100% at 3,600 lbs. (16 kN) Tensile strength: 5,000 lbs. (22.2 kN) Gate strength: side and face 3,600 lbs. (16 kN)
$2\frac{1}{2}$ IN. (64 MM) SELF-LOCKING SNAP HOOK (43618 – Y HOOK)	Polished aluminum Proof-loaded 100% at 3,600 lbs. (16 kN) Tensile strength: 5,000 lbs. (22.2 kN) Gate strength: side and face 3,600 lbs. (16 kN)
CAPACITY	310 lbs. (140 kg), one person